

MiVida Retreats

Terms & Conditions & Cancellation Policy

Thank you for choosing to join a MiVida Retreat. We are excited to share this journey with you. Please read the following Terms & Conditions carefully before making your booking. By booking a retreat with MiVida Retreats, you acknowledge that you have read, understood, and agreed to these Terms & Conditions.

1. Booking & Payment

A booking is confirmed once a non refundable deposit has been received.

The remaining balance must be paid in full no later than **60 days before the retreat start date**.

If the remaining balance is not received by the due date, MiVida Retreats reserves the right to cancel your booking. Any payments already made, including the deposit, will be subject to the cancellation policy below.

2. Cancellation Policy

We understand that plans can change. However, organising a retreat requires us to commit to accommodation, staff, catering, and other expenses well in advance. Therefore, the following cancellation policy applies:

More than 60 days before the retreat

The non refundable deposit will be retained.

Any additional payments made beyond the deposit will be fully refunded.

Between 60 and 30 days before the retreat

You will receive a refund of **50% of the total retreat price**.

Less than 30 days before the retreat

No refund will be issued.

No refunds will be given for late arrivals, early departures, missed activities, or no shows.

Bookings may not be transferred to another retreat unless agreed upon in writing by MiVida Retreats.

3. Travel Insurance

We strongly recommend that every guest purchases comprehensive travel insurance immediately after booking.

Your insurance should ideally cover:

- Trip cancellation or interruption
- Flight delays or cancellations
- Medical expenses
- Emergency evacuation
- Personal belongings
- Activities such as yoga, breathwork, hiking, and other retreat experiences

MiVida Retreats cannot be held responsible for any costs resulting from cancelled flights, travel delays, illness, injury, natural disasters, or any other unforeseen circumstances outside of our control.

4. Health & Medical Responsibility

Our retreats include yoga, breathwork, meditation, movement, nature excursions, and other wellness activities.

By attending, you confirm that you are physically and mentally able to participate.

You agree to inform MiVida Retreats before the retreat of any medical conditions, injuries, allergies, pregnancy, medications, or other circumstances that may affect your participation.

Participation in all activities is voluntary. Guests are encouraged to listen to their bodies and participate only within their own comfort and ability.

Our retreats are not intended to diagnose, treat, cure, or replace professional medical or psychological care.

5. Assumption of Risk

Participation in retreat activities involves a certain degree of physical activity and inherent risk.

By attending the retreat, you voluntarily accept these risks and agree that MiVida Retreats, its owners, facilitators, teachers, employees, and partners shall not be held liable for any injury, illness, accident, loss, or damage except where required by applicable law.

6. Changes to the Retreat

While every effort is made to deliver the retreat exactly as advertised, MiVida Retreats reserves the right to make reasonable changes to:

- The daily schedule
- Activities
- Teachers or facilitators
- Accommodation
- Excursions

Such changes may become necessary due to weather conditions, safety concerns, local regulations, supplier availability, or other unforeseen circumstances.

These changes do not entitle participants to a refund.

7. Retreat Cancellation by MiVida Retreats

In the unlikely event that MiVida Retreats must cancel a retreat due to unforeseen circumstances, force majeure, government restrictions, natural disasters, insufficient participant numbers, or other events beyond our reasonable control, guests will receive a full refund of all payments made directly to MiVida Retreats.

MiVida Retreats cannot be held responsible for any additional expenses incurred, including but not limited to:

- Flights
- Hotels
- Airport transfers
- Visa costs
- Travel insurance
- Loss of income
- Other travel related expenses

We therefore strongly recommend purchasing travel insurance that covers these situations.

8. Guest Conduct

We strive to create a welcoming, respectful, and supportive environment for everyone.

Guests are expected to:

- Treat fellow participants, staff, and the local community with kindness and respect.
- Respect the retreat property and surrounding environment.
- Follow reasonable safety instructions during all activities.

MiVida Retreats reserves the right to remove any participant whose behaviour is disruptive, unsafe, abusive, discriminatory, or significantly impacts the experience of others. No refund will be issued in these circumstances.

9. Personal Belongings

Guests are responsible for their own belongings throughout the retreat.

MiVida Retreats accepts no responsibility for lost, stolen, or damaged personal items.

10. Photography & Media

During the retreat, photographs and videos may be taken for future promotional purposes.

If you prefer not to appear in any photographs or videos, please let us know before the retreat begins. We will always respect your wishes.

11. Privacy

Any personal information collected during the booking process will be used solely for organising and delivering your retreat experience. Your information will never be sold or shared with third parties except where necessary to provide the services included in your booking.

12. Acceptance of Terms

By submitting your booking and paying your deposit, you confirm that you have read, understood, and accepted these Terms & Conditions and Cancellation Policy.

We look forward to welcoming you to MiVida Retreats and sharing a meaningful experience together.